



## **Sun Protection Policy**

The school policy for sun protection was agreed by the whole staff and has the full agreement of the Governing Body. The policy was approved and ratified by the Governing Body during the summer term 2008.

At Ambleside Primary School we want staff and pupils to enjoy the sun safely. We work with staff, pupils and parents to achieve this through:

### **Education** (these measures are in place from now on:)

- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term. We will invite guest speakers to discuss this issue when appropriate.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.
- All staff will receive special SunSmart information.
- Parents may put sunscreen on their children before they come to school if they wish.

### **Protection** (this is more of an ongoing process so please bear with us!)

#### **Shade:**

- Pupils currently have a lunchtime period of an hour on a daily basis, of which up to thirty minutes is spent outdoors in the middle of the day.
- Shade is currently available under the large trees on the playground or alternatively, children have access to play in our community room out of the sun completely.
- Pupils and staff are encouraged to wear protective t-shirts and hats.
- Sun safety is included in the school curriculum within science and PSHE.

### **Timetabling:**

- Our Sports Days will commence between 2 o'clock and two fifteen from now on. This will also allow parents who work to join us for games later on.

### **Clothing:**

- School has new school sun hats available for purchase from the 'tuck shop' at the end of the day.
- We have changed our sports uniform to recommend that children wear t-shirts rather than vests. This will be introduced over the next year.
- All teachers will encourage children to wear hats when on the playground during sports lessons and breaktimes

## Sunscreen:

- We cannot currently supply sunscreen to all pupils on a daily basis because of cost and skin allergies some children have in school. The 'Sun Smart council' will review this annually.
- Sunscreen use will be encouraged on school trips and staff will be provided with extra sunscreen in case children forget their own. We will send letters home asking for permission for children to apply sunscreen stating the make, during the summer months when appropriate.

## The five key SunSmart skin cancer prevention messages are:

Stay in the shade 11-3

Make sure you never burn

Always cover up – wear a t-shirt, hat and wraparound sunglasses

Remember children burn more easily

Then use factor 15+ sunscreen

- **PROTECTION:** providing an environment that enables pupils and staff to stay safe in the sun
- **EDUCATION:** learning about sun safety to increase knowledge and influence sensible behaviour
- **COLLABORATION:** working with parents, governors and the wider community to reinforce awareness about sun safety and promote a healthy school

This policy was developed with the help of governor, pupils and parents in April 2005

## Review

This policy will be reviewed in the summer term 2012



10<sup>th</sup> May 2008

Dear Parent/Guardian

Now the summer term has started, I wanted to write and tell you about our new Sun Protection Policy. We have developed this with the help of parent governors, to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection
- Provide shade in the playground
- Encourage pupils to wear hats and t-shirts when outside and not vests
- Encourage pupils to use sunscreen on school trips

More details of these and other new sun protection plans can be found in our SunSmart policy which I am attaching to this letter. I have also included a SunSmart information card which will explain how to keep your child safe from the sun at home.

Your support is very important if our new policies are going to work. You can help by:

- Talking to your child about the importance of sun protection at home
- Sending your child to school with a wide brimmed hat
- Buying your child a new school sun hat
- Returning the sunscreen permission slip at the bottom of school trip letters home

Together I hope we can have a very happy and safe term to come!

Yours sincerely

Mrs K L Hannon  
Head Teacher